



** 2023 **

ADVENT CALENDAR FOR PARENT-CHILD QUALITY TIME

CHRISTMAS

Prepare a meal together



Create a craft together



Say thank you to each other



Let child to select an activity to do together

Plant a seed together



Bake some cookies together

Do swim or SPA together



Make a painting together



Read a poem to each other

Share a snack together



Find something to laugh together

Take a silly selfie together

Cuddle in bed for 15 mins



Sing or dance together

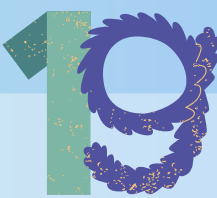
Enjoy a starry sky together



Learn something new together

Write a love letter to each other

Play a board game together



Drink a hot chocolate together

Massage each other 5 mins



Appreciate and thank each other for these 24 days



Offer flying kisses all day to each other



Do 1 kind action together for others



Hug each other for 5 mins



We wish you and your family a joyful holiday season!